



## Best Middle Eastern Restaurant: Tasty Kabob

### 2012 CRITICS' PICKS

## Dining & Food

by *Howard Seftel* - Mar. 19, 2012 08:51 AM  
*Republic restaurant critic*

### Tasty Kabob

1250 E. Apache Blvd., Tempe

480-966-0260

[tastykabobaz.com](http://tastykabobaz.com)

## Critics' Pick



Deirdre Hamill/The Arizona Republic

The Tasty Kabob in Tempe serves (clockwise from left) sultani, fesenjan, tahdik and zereshk polo dishes.

The Iranian government doesn't get many accolades these days. But Iranian food -- well, that's another story.

It's one of the world's great cuisines, and over the millennia its influence has ranged east to India, west to the Arab world and north into central Asia.

You can get an idea of its power from the signature grilled, skewered filet and ground beef at Tasty Kabob. But don't overlook the immensely fragrant stews, like gheimh bademjan, a lovely blend of beef, eggplant and yellow split peas, and fesenjan, a spectacular combination of chicken, walnuts and sweet-and-sour pomegranate paste.

And make like a Persian by asking for tah dik, the oily, crusty rice scrapings from the bottom of the rice pot. People fight over this treat at home, and as you might expect, there's limited availability.