

## You've Got Meal

By [Howard Seftel](#) Thursday, Dec 31 1998

Lunch: I put on 25 pounds when I lived in [Iran](#). That's because the food was so good I ate two lunches a day. Tasty Kabob (1250 East Apache, Tempe) tempts me to relive the bad old days. It's real Persian fare, dished out by real Persians. Wonderfully moist, scented kebabs and fragrant stews served with basmati rice are the stars here.

## Holiday on Rice

By [Howard Seftel](#) Thursday, Dec 28 1995

Lunch: When I lived in [Iran](#), I managed to put on 25 pounds by devouring two lunches a day. Persian food, highly scented but never spicy hot, can be very seductive. Tasty Kabob (1250 East Apache, Tempe) brings back all my old memories. It's still hard for me to choose between the skewers of butter-soft kebabs or fragrant basmati rice dishes. Might as well revert to the old days, and order one of each.

## Little Pig Man

By [Howard Seftel](#) Thursday, Dec 26 1996

Lunch: I lived in [Iran](#) for a couple of years, just before the Shah departed and the ayatollahs took over. The situation was tense--the bus that picked me up for work carried two machine-gun-toting soldiers for protection. While I worried about terrorists, I never worried about the food. Persian dishes are incredibly flavorful and fragrant. Here in the Valley, nobody prepares them with more skill than Tasty Kabob (1250 East Apache, Tempe). Try the tender marinated meats, or the sublimely seasoned basmati rice platters.

## All Aboard for the Best Eateries Along the Light Rail

By [Michele Laudig](#) Thursday, Jan 1 2009

Some of the best ethnic cuisine in the Valley crops in along the eastern stretch of the light rail. The intersection of University and Rural offers scrumptious Ethiopian eats at [Blue Nile](#) (933 E. University), but if Middle Eastern food is what you're craving, ride to the next stop, at Dorsey and Apache Boulevard. [Haji Baba](#) (1513 E. Apache) is a cafe/market where you can gobble up cheap falafel before stocking up on Middle Eastern staples, while **Tasty Kabob** (1250 E. Apache, [tastykabobaz.com](http://tastykabobaz.com)) is a nicer sit-down place known for its appealing Persian menu. [Khai Hoan's](#) Vietnamese menu clearly doesn't fit in with the Middle Eastern mix, but it's a great stop for cheap *pho* in this part of town (1537 E. Apache).